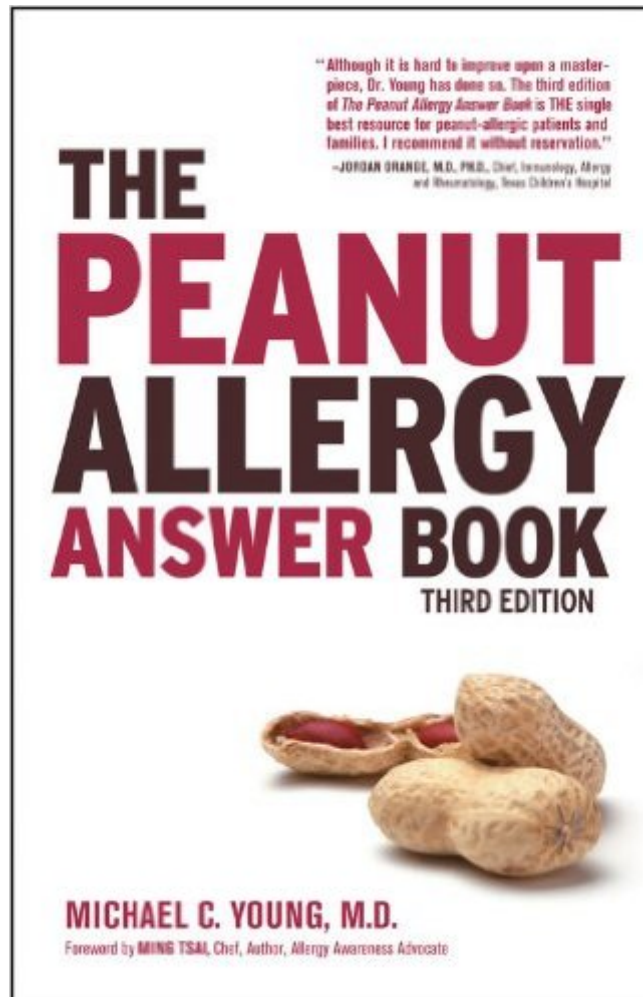


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# The Peanut Allergy Answer Book, 3rd Ed.



## Synopsis

A revised and updated version of the definitive peanut allergy book. **The Most Cutting-Edge Research on Peanut Allergy Prevention, Diagnosis, and Treatment Is Here!** Did you know that avoidance of peanuts early in life may actually lead to peanut allergy, the opposite of what was originally believed? Researchers now believe that continued early avoidance of peanut may be behind the steady growth of peanut allergy in the United States and other countries. This surprising new research is among the cutting edge information you<sup>™</sup> find in the third edition of *The Peanut Allergy Answer Book*. Since its publication in 2001, rates of peanut allergy have tripled, prompting families, patients, and medical professionals to seek clear and concise answers about prevention, diagnosis, and treatment. The newest edition of this book outlines:

- Promising new treatments, including oral desensitization and Chinese herbal medicines
- The most recent recommendations for feeding at-risk infants and young children
- The latest laboratory tests for determining the risk of life-threatening anaphylaxis

## Book Information

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## Customer Reviews

Dr. Young's book, *The Peanut Allergy Answer Book*, gave me many answers to my questions, and, peace of mind. I learned about my younger daughter's nut allergies in an early winter night running to the emergency room with my 11 year old running behind me wondering why her little sister was breathing hard. That was a nightmare in my memory. No one in my family had nut allergies before. I have looked around for answers on nut allergies ever since, especially peanut allergies since peanut butter a daily food, a daily threat to my younger one. A few years went by, I

found out that there are many nervous parents like me that also search for answers while tried our best to live with the reality by constantly keeping our children away from nuts and anything that may contain nuts: cookies, pastries, cosmetic products, food cooked with peanut oil, etc. I was extremely happy to get the book *The Peanut Allergy Answer Book* recommended to me by a friend. What was funny is that my younger one requested to read it too. She said, "I want to know what is wrong with me." And, she read through and understood most of it! This is the first book that I have read that explains the scientific facts with a common language that all parents and school age children can understand. This gives us a chance to deal with the deep fear towards the allergy. My younger one said, "My body thinks that nuts are something bad like dust and starts to attack them." So, she is more at ease with it. If she happen to bite a cookie containing nuts in a public event, she would just tell me to give her some Benadryl. The other parents might have noticed the suggestions in the book but I also noticed that the book also introduced the latest progress of allergy medicine for nut allergies.

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